

Lots of events happening this month and this update has deta on how to get involved.

Sunday 13th July 2025



Hello fellow Cross-Country skiers,

The Birkebeiner Classic is scheduled for **Sunday 13th July**, a fun event to test out your traditional classic technique. So, get those classic skis out and waxed, and head to the Nordic Bowl for a **10:00am start**.

Registration is via a Google docs link below and payment is through EFT (account details below) or pay on the day (cash) in Nordic Bowl. Late entries accepted up to 9:15am on the morning of the race. Bib collection is in the Nordic Bowl **8:45-9:30am**. Water, cordial and lollies will be provided and prizes given at the presentation approx. 30mins after the race.

Race distances:

2.5km, 5km & 10km
Age Groupings:
U12, U18, OPEN & 50+
Cost: U18 - \$25; Over 18 - \$40; Family - \$80
Registration Links: Registration via Google Docs Form
EFT Payment: Birkebeiner Nordic Ski Club; BSB 633 000; Acc. 159 796 739
(Please put your name in the payment Reference)

Hope to see you all there!

This Weekend's Technique Clinics with Jacob Huseby (skill level intermediate and above)

July 12 - skate 2:00pm* Nordic Bowl (free, no registration required for first 12 BNSC adult members who turn up) July 13 - classic 2:00pm* Nordic Bowl (free, no registration required for first 12 BNSC adult members who turn up) *Note change of time from morning session to afternoon

What is it? — Two-hour technique sessions with Jacob Huseby who i currently the Snow Australia National Team Coach and Falls Creek National Training Centre Coach. He is a US Ski and Snowboard certified coach and worked with the Australian Junior Worlds Team that podiumed at the 2025 Junior World Championships. We are fortunate that BNSC members can access Jacob's wealth of knowledge in all things xc.

The groups are limited to 12 adults and available to BNSC members only.

Who is it for? — It is for adult BNSC members who are intermediate skiers and above.

Program — Sessions are 2 hours, they start and finish in the Nordic Bowl.

REGISTRATION — Free, no registration required for first 12 BNSC adul members who turn up

Inquiries — to Jacob Huseby JHuseby@snow.org.au or WhatsApp +1 (360) 450 1807

2025 Birkie Junior Development Camp

Saturday 19th July - Sunday 20th July

What is it? — Two days of cross-country skiing skill development, using games, challenges, mini-tours and assorted activities. Sessions will be held morning and afternoon, with a lunch break in the middle. Who is it for? — Beginner/Intermediate Skiers aged Grade 2 to Year 8 looking to have fun on skis and improve their skills.

Proposed program:

Saturday 19th July (Classic Day)
8:45am — Meet at the Birkie Clubhouse
9:00am — Welcome
9:15am-11:30am — Classic Ski lessons/activities in groups
11:30 am-1:00pm — BYO lunch at the Clubhouse
1:00pm-2:30 pm — Classic Ski games/activities in groups
Sunday 20th July (Skate and/or Classic day)
9:00am — Meet at the Birkie Clubhouse
9:15am-11:30am — Ski lessons, technique dependent on experience
/activities in groups
11:30 am-1:00pm — BYO lunch at the Clubhouse
11:30 am-1:00pm — BYO lunch at the Clubhouse
12:00pm-2:30 pm — Skiing Snow-gaine / Adventure challenge!
BYO snacks, drink and lunch each day.

Cost — \$40 /child plus Birkebeiner membership.
Ski Hire — equipment hire is available from Windy Corner if needed
Registration — Email expressions of interest to:
secretary@birkebeiner.org.au

Note, Please register by Monday 12th July. Numbers will be capped to 30 participants.

Health Protocols — these need to be observed. Please consider other and do not attend if you have any cold, flu symptoms. A refund for th camp will be issued if required.

You can renew or join the Birkebeiner Nordic Ski Club here:

Membership

YMCA Falls Creek XC, Windy Corner will be running 2 courses for Australian Professional Snowsport Instructors, Level 1 Nordic and Level 2 Nordic this winter. If any BNSC members would like more information or to join a course, please contact Sheepy at Warren.Sanders@ymca.org.au Cost is \$625, which includes APSI membership. Level 1 course is 17th to 18th July. Level 2 course is 12th to 14th of August.

About us

2025/26 Committee President – Andrew Hall Vice President – Paul Gray Secretary – Michelle Forrer Treasurer – Jeanette McLaren

Contact:

<u>secretary@birkebeiner.org.au</u> <u>president@birkebeiner.org.au</u> <u>treasurer@birkebeiner.org.au</u>

MEMBERSHIPS

Family \$75, Individual \$35, Junic or Student (not in a family membership) \$25, Associate* \$25. Fees are payable by 30th June 2025. To JOIN OR RENEW please click or tap HERE

Membership

*Intended for existing members who no longer shor use the clubhouse, but would like to remain club members and receive correspondence and the bulletin newsletter, or for search and rescue squad members who do not require the use of club facilities.



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