Birkebeiner

July 2023



Birkebeiner Nordic Ski Club

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— News is published online as it comes to hand —

The snow is here! Another great start to the season. We hope you have been able to get out and take advantage of the good conditions. The race hut doesn't quite look like this yet, but it may not be long with more snow predicted later this week.

Race Hut in 2010





It was lovely to see some blue skies and sunshine after some grey days.

Enjoying the views from Heathy Spur

And it's time for the first race of the season at Falls Creek. Coming up this Saturday 8th July 2023 is the High Plains Tour organised by Howmans Gap Allstars. You will find details later in this Bulletin.



10km race leaders headed out on 1st lap 2022 High Plains Tour

MID-SEASON DINNER

- When: Thursday 20th July 2023.
- Time: 6:30 pm for a 7:00 pm meal.
- Where: Roi's Diner 179 Kiewa Valley Highway, Tawonga.
- Cost: \$40.00 per head (the meal is partly) subsidised by the club), pay for your own drinks.
- The club's Birkie Award & SAR Acknowledgement Award will be presented to very deserving members.
- Numbers are limited so be sure to RSVP early so you don't miss out!



Last year's Birkie Award winner, Rob Boland, being presented with his certificate. Pres Ewen is holding the Perpetual Shield listing past winners, which is displayed in the Clubhouse.

Please **RSVP** with any dietary requirements by Sunday, 16th July to Mary Hall: email anmhall@yahoo.com, mob 0492 960 885

As a courtesy to Roi and Sue, they need to know what to cater for so please let Mary know ASAP.



CASSEROLE DINNER

On Saturday evening the 10th of June 2023, club members gathered at the Mt Beauty Neighborhood Centre for the King's Birthday annual Weekend Casserole Dinner.



Livigno Italy

Hearty and delicious food was prepared and consumed by all. Thank you to guest speaker Pete Holmes who gave an interesting and entertaining presentation on his XC skiing adventures in Italy and the Himalayas.



Cogne Italy

2023 BNSC RACE COMMITMENTS

Sunday 23rd July 10.30am Birkie Classic 2.5/5/10km (C)
Saturday 12th August 10am Ski De Femme 1/2.5/5km

Sunday 13th Aug 10:30am Rocky Valley Rush 22.5/15/7.5km (F)

Saturday 19th Aug 9:30am AUS Open Sprint Champs (F)

Sunday 20th Aug 10:00am AUS Open Champs 10/10km (C)

Saturday 24th August 9:30am Kangaroo Hoppet 42/21/7km (F)

2023 XC Race Calendar

2023 CROSS COUNTRY SKIER HIGH PLAINS TOUR

Howmans Gap Allstars present the XC Skier High Plains Tour

Date: Saturday 8 July Where: Falls Creek

Courses: Freestyle with 1km, 2.5km, 5km and 10km options

Start: 11 am start in the Nordic Bowl

FULL DETAILS & RACE ENTRY

It would assist greatly if you would please enter by 11.59 pm Thursday 6 July

HOPPET EARLY BIRD ENTRIES CLOSE 15TH JULY



More info, registration & volunteering can be found:

HOPPET WEBSITE

BIRKIE CLASSIC SKI RACE 23RD JULY 2023

Dust off your wax box because it is not long until the Birkie Classic. Details and registration coming your way soon!



SNOW AUSTRALIA CROSS COUNTRY UPDATE JUNE 2023

FINN MARSLAND - XC PROGRAM DIRECTOR

THIS UPDATE INCLUDES:

FALLS CREEK NATIONAL TEAM CAMP
XC COACH ON-SNOW WORKSHOPS
2023 MEMBERSHIP NOW OPEN

TAP HERE FOR FULL UPDATE

SNOWACADEMY

Snow Academy is the umbrella for all of Snow Australia's education and training pathway and programs. Coaching Fundamentals is the first level of coaching accreditation to be rolled out under the Snow Academy.

COURSE: XC COACH 1-DAY TECHNIQUE

WORKSHOP

DATE: SUNDAY, 9 JULY, 2023

WHEN: 9:00AM - 4:00PM

(EXACT TIMES TBC WITH REGISTERED

PARTICIPANTS)

LOCATION: FALLS CREEK

PRESENTER: JOHN MAX ERTNER

WHO IS THIS COURSE FOR? NEW, CURRENT, AND FORMER CROSS COUNTRY SKI COACHES WORKING WITH SCHOOL, CLUB AND STATE LEVEL ATHLETES.

YOU CAN FIND FURTHER INFORMATION & REGISTRATION HERE



WELCOME NEW MEMBERS!

To date we have 11 new members, and it is not too late to join or renew your membership, see adjacent column for details.

Say hello to:

Bronnie Walsh Jess White Michael Sherry Yvonne Honey Alasdair Macdonald Angus Russell Sam Svarc The French Family: Lillian, Rebekah, Robert & Zachary

BIRKIE BITS BY NORDIC NELLIE

 Bob Flower recognised for four decades of organising and assisting with the Mt Beauty Running Festival (previously known as Mt Beauty Half Marathon). At the presentations for the 2023 event Bob was awarded a trophy made of Spotted Gum with a depiction of the original Mt Beauty Marathon logo that was used from 1979 around 2015. Russell Weavers who provided



Ian Franzke presenting Bob Flower with trophy in recognition of 40 years volunteering for the Mt Beauty Running Festival.

trophy also made one for the oldest runner to complete either the 10 or the 14km event. Russell has been travelling from Melbourne and Shepparton for our event since the 1980s.

◆ Club Athlete Tommi Silvester was a 2022/23 recipient of a BNSC grant to assist with his overseas travel expenses. As a condition for receiving funds, athletes are required to report on their trip to the committee and members. Have a read of Tommi's report to find out how his season went.



TOMMI'S REPORT

• **New Grooming Comb** has been added to the trailer towed behind the snow mobile to smooth out the ruts left by the snow mobile. Simply drop it down when driving, and don't forget to flip it up when reversing.

MEMBERSHIP

At the recent AGM it was resolved to keep the fees the same as 2022, i.e. Family \$75, Individual \$35, Junior or Student (not in a family membership) \$25, Associate* \$25. Fees are payable by 30th June 2023.

*Intended for existing members who no longer ski, nor use the clubhouse, but would like to remain club members and receive correspondence and the bulletin newsletter, or for search and rescue squad members who do not require the use of club facilities.

To join or renew please click or tap here

2022/23 Committee

President – Ewen Silvester
Vice President – Michelle Forrer
Secretary – Ronice Goebel
Treasurer – Jeanette McLaren

Ordinary Committee Members

- Allan Marsland
- Andrew Hall
- Michel Trnka
- Paul Grav
- Stephanie Germancheva
- Warren Sanders
- Kate Prest

Volunteer Positions:

Membership Secretary – Stephanie Germancheva

Race Secretary – *Marg Jow*itt Race Hut Manager – *Brian Keeble*

Website Administrator – *Paul L'Huillier*

Bulletin Editor & Social Secretary – *Mary Hall*

Ski de Femme Co-ordinator – Ronice Goebel

Clubhouse Manager & BSAR Vic Delegate – *Warren Sanders* Junior Committee– *Paul Gray*



Secretary Ronice

CALLING FOR LIFE MEMBERSHIP NOMINATIONS

Life Memberships are awarded to honour a major contribution to the club over an extended period of time, with a maximum of two in any one year.



Jim Gargan receiving life membership 2018

Previous life membership recipients include:

Helen L'Huillier - 1986 Paul L'Huillier - 1986 Alex Chapman - 1989 Jim Crebbin - 1999 Chris Heberle - 2005 Allan Marsland - 2007 Bruce Vine - 2007 Phil Evans - 2009 Brian Keeble - 2009 Bill Little - 2011

Ronice Goebel - 2017

Jim Gargan - 2018

Bob Flower - 2011

Please email your nominations to:

secretary@birkebeiner.org.au

XCSAV UPDATE & FC LAKESIDE DEVELOPMENT

Cross Country Skiing Association Victoria (XCSAV) has welcomed their new President, Sandra Paul, who is replacing founding President Ben Derrick.

Representatives from BNSC, XCSAV, Kangaroo Hoppet, Snow Aus, Disabled Winter Sports, Howmans Gap, Outdoor School Bogong, and FC Primary School recently met with Alpine Resorts Victoria and their stakeholder consultants to discuss the Lakeside Development proposal and the clearing of BHP Road. For a summary of the meeting outcomes and current project status, please read:

XCSAV update

To find more information on the project and read the Club's position click [HERE].

Go to <u>savefallscreekxc.org</u> for resources on how you can get involved.

CLUBHOUSE UPDATE

FROM CLUBHOUSE MANAGER WARREN SANDERS

Toilet paper and hot chocolate/ milo have now been put at the club house. Extra TP stored in the



white pigeonholes near the pulk. Please text me if

it's getting low.

Clubhouse Rules

The Clubhouse is for Day Use only. And for the comfort of others the committee asks all members to please observe the following rules:

- No skis or waxing inside the building. (Waxing can be done in the skidoo shed next door, or in the Windy Corner Day Shelter waxing room.)
- Use the shelves and hooks for your belongings, keep the downstairs benches clear for people to sit.
- No outdoor footwear or wet clothes upstairs.
- Clean up after yourself no dishes to be left on the sink.
- Take all your rubbish home.
 We do not have a rubbish bin in the clubhouse.
- If you are the last person to leave the clubhouse please ensure all lights are off and the upstairs electric heater and kettle are off
- Lock the door if are the last person to leave, even in the middle of the day, to keep our belongings safe while we are out skiing.

The snowmobile shed probably requires a 'cleanout' with someone else who knows what to toss or keep.

I have also printed a new excel doc for logging usage of

the snowmobile which is on a clipboard LHS above wax bench.

The snow mobile shed will not be getting the new roller door this season – it is simply too late to be installing this in winter and from what I can see the walls and ceiling will need some adjustments. I'm happy to see it through in late spring 2023.

