



Birkebeiner Bulletin

22nd November 2022

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End of Season BBQ - Sat 3rd Dec





An oldie but a goodie!

The photo was taken at the 2012 BBQ. Who can you identify?

When: Saturday 3rd December 2022

Where: In the picnic area by the lake in Mount Beauty

Time: From 5:00 pm

What to bring:

We will provide the meat (and veggie burgers for those who prefer them), as well as bread and sauce.

You'll need to bring your own chair, cutlery, plates, drinks, plus, **for families**, a salad and a sweet to share (**singles and couples** – please bring a salad OR a sweet to share).

RSVP to Mary Hall (social secretary) **by Thursday 1st December**

Email: <anmhall@yahoo.com> or *Mobile:* 0492 960 885 (text).

As a courtesy, please let me know if you will be coming and if you need vegetarian food (or else BYO meat!). If you don't reply, we'll assume you are not coming so we don't over-order. It also makes it easier to contact you if the weather necessitates a change of venue.

If you decide to come at the last minute, please bring your own meat!

Thank you

Mary Hall

Social Secretary

Vale Keith Jephcott



Keith Jephcott
(1958 – 2022)

Keith passed away on 7th October 2022. It was very peaceful according to his partner Christine. Keith is legendary in the world of cross country skiing.

This winter I had the privilege of chatting with Keith at Windy Corner - a training manual in his hands. Keith was a Nordic Trainer, APSI Life member and Corryong High School Old Boy and was acknowledged for his lifetime contribution to nordic ski instruction.

Keith was one of the founding members of the Australian Ski Federations National Coach and Instructor Scheme (NCIS) in 1977. He participated in the first Assistant Instructor Course in 1978 which saw a number of Norwegian and American instructors brought to Australia to provide the skiing and teaching skills to professionalise nordic skiing. By 1982, NCIS was delivering its own programs with occasional overseas support.

Keith as both a Trainer and the NCIS National coordinator played a pivotal role in the early years. Apart from being a coach and instructor, Keith competed in the 1985 World Championships in Austria.

He played a key role in having the Instructor pathway of NCIS brought into the APSI fold in 1998 and was the Technical Director for a number of years. In the years nordic has been a part of APSI, Keith has been delivering nordic courses as well as coaching for 15 years at Ivanhoe Grammar.

Keith's contribution to nordic coaching and instruction has been immense and he continued to play a role as an elder within nordic, constantly challenging thinking and approach. RIP Keith - you will be remembered well.

Ronice Goebel
Secretary
Birkebeiner Nordic Ski Club

[A Kind & Gentle Man](#) – Shared by [John Rennie](#) on November 2, 2022

Snow Australia Medal

BIRKEBEINER SKIERS PRESENTED WITH THE SNOW AUSTRALIA MEDAL AT THE KANGAROO HOPPET

Published Fri 04 Nov 2022



This year's edition of the Kangaroo Hoppet gave the snow community an opportunity to recognise three cross-country Olympians from the Birkebeiner Nordic Ski Club who grew up training and racing at Falls Creek and made a significant contribution to the development of the sport of cross-country skiing in Australia. From left: *Paul Gray, Paul Murray & Mark Gray*.

To read the very interesting article on their achievements in the sport click [\[HERE\]](#).

The *Snow Australia Medal* has been presented to many cross country skiers who have represented Australia in the Olympic Winter Games since 1952 in Squaw Valley USA. These are listed on the club website under **Ski History**. Click [\[HERE\]](#) to view.

If you wish to view all Australians who have received the *Medal* in any snow discipline click [\[HERE\]](#).

Birkie Bits by *Nordic Ned*

National 'Birkie' Team Selections

- Phil Bellingham
- Aimee Watson
- Kat Paul
- Casey Wright
- Adam Barnett
- Tommy Silvester
- Jayden Spring

The following club members have been selected to compete in the **2023 World University Games (WUG)** in Lake Placid, USA, in January.

- Adam Barnett
- Hanah Price
- John Mordes

Snow Australia and UniSport Australia are pleased to announce a team of sixteen athletes to represent Australia. Four Alpine skiers, *nine Cross Country skiers*, two Snowboarders and one Ski Cross athlete will take part in 13 different events over a 10-day period from January 12-22.

The club congratulates all athletes on their selection and wishes them well in their racing endeavours.

Ski Mountaineering (SkiMo)





Ski Mountaineering (SkiMo) will be included in the Winter Olympic Games programme for the first time at Milano Cortina Italy 2026, reflecting the recent international growth of a discipline that has a long, established tradition in Europe. Snow Australia has become an official member of the [International Ski Mountaineering Federation](#).

Click [\[HERE\]](#) to read about what will happen in this new discipline in Australia.

The Guardian (a news website) re Save Falls Ck XC



Adam Morton of **The Guardian** - a news website interviewed *Paul Gray* and *Ben Derrick* regarding the **Save Falls Creek XC campaign**. Read the article [\[HERE\]](#).

Falls Creek Lakeside Development

The club has a Page on our website that sets out our position. **Click** [\[HERE\]](#) to view...

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The Petition

NOTE – As of 21st November 2022 there are 5,359 signatures.

Hi All

Kate Prest (part of our Action Group) has put up a petition on www.change.org. If you value the world-class XC skiing that Falls Creek currently offers, please sign the petition (link below) and share it far and wide. If you have time, please also fill out the reason for signing.

<https://chnng.it/MdtvnKHJLQ>

Yours in XC skiing

Paul Gray

<paul.gray.ibag@gmail.com>

Note – The petition page explains the cross-country skiing position.

Paul L'Huillier - Editor

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