

Birkebeiner BULLETIN

Volume 41 No 2 July 2018



Not long until Ski de Femme...have you registered yet?

Lots and lots of snow!

Hi everyone....we are off to a great start this year with lots of snow, fantastic tracks and even better weather. Let it continue!

Read on to find out what the club has been up and what you can get involved in over the coming months...

Cheers, Kate Prest



XC trail names – who, why & what

Want to know more about XC trail names...skip to page 6 to find out more!

pg. 6



Be a happy Hoppet Helper

You can help out at the Hoppet by skipping to page 7 to find out how...

pg. 7

Office Bearers

2018/2019

Officers

President: Ewen Silvester

Vice President: Michelle Forrer

Secretary: Ronice Goebel

secretary@birkebeiner.org.au

Treasurer: Jeanette McLaren

treasurer@birkebeiner.org.au

Committee Members

Ann Bellingham

Brian Keeble

Nick Wright

Penny Goebel

Blair Hume

Paul Gray

Peter Smith

Scott Vercoe

Allan Marsland

Portfolio Positions

Bulletin Editor: Kate Prest

Website Administrator: Paul L'Huillier

Race Secretary: Ann Bellingham

racesecretary@birkebeiner.org.au

Membership Secretary: Nick Wright

membership@birkebeiner.org.au

Clubhouse Stewards: Tony Keeble & Megan Benne

Ski de Femme Co-ordinator: Ronice Goebel

Skidoo Steward: Nick Wright

Bush S&R Vic Delegate: Ian Franzke

Kangaroo Hoppet Representative: Nick Wright

Did you know we have a BNSC Search & Rescue Team

Yes we do! The team is a highly trained experienced group that has a long auspicious reputation as valued first responders for searches in the North East Victoria particularly in difficult challenging conditions such as on Bogong and Feathertop. If you are interested in joining the Search and Rescue team please contact Ian Franzke via secretary@birkebeiner.org.au.



From front left

- (sitting) Doug Westerman, Jarrod Paine, Ronice Goebel,
- David Panozzo, Rob Boland, Jeremy Rosewarne (Field Officer), Ian Franzke (S&R member contact),
- Bill Little (Police Liaison Officer), Warren Sanderson (Sheepy)

Adult ski instruction

There are two more 'members only' *adult intermediate level skate* classes with Cambria McDermott our visiting American coach.

Tuesday 7th August – 10.30 am – 12 noon

Tuesday 14th August – 10.30 – 12 noon

Please email nick@birkebeiner.org.au if you are interested.

Remember there is a maximum of 8 participants per clinic with places allocated on a first in first serviced basis.

July 2018

Remember to register for Ski de Femme 2018!



Ski De Femme

Saturday August 11th 2018

Birkebeiner Nordic Ski Club presents

A community cross country ski event for women at Falls Creek
Free coaching clinics - classic and skating.

10am Start Meet in the Nordic Bowl

12pm 1km, 2.5km and 5 km races

Presentations at Nordic Bowl or Windy Corner Day Shelter after the event.

GREAT SPOT PRIZES TO BE WON!!

NO RACE FEES

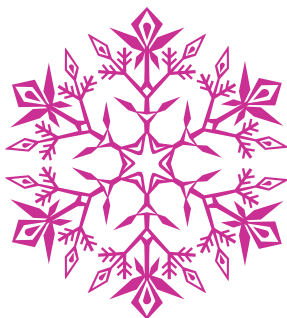
IT'S COOL AND IT'S FUN!!

BEGINNERS WELCOME!

Registration preferred. Register at
<https://my.raceresult.com/101880/>

For more information:
Ronice Goebel: 03 5754 4 910 or 0409 332 642 or
Ann Bellingham: 0427 006 246

www.birkebeiner.org.au



Birkie bits by Nordic Ned

BNSC New life member - Jim Gargan.

- General Committee member for 18 years
- President for 3 years (2008-2010)
- Treasurer for 6 years (1999-2004)
- Minute Secretary (2006)
- Membership Secretary for many years.
- Search & Rescue Member for many years including Field Officer.
- Junior Program development and coordinator for many years.
- Club Race Committee member and Race Day Official for many years
- Hoppet Race Committee member including Volunteer and Transport Coordinators.
- Club delegate to State Cross Country Committees - VSAXCC and then SXCV.
- Qualified National Technical Delegate with Skiing Australia.
- Work with disabled Skiers Association
- Announcing and prosecuting new ideas.
- Quiet Achiever.
- Reliable, consistent and nothings too difficult.



Nominated — Paul L'Huillier

Seconded — Brian Keeble

New Privacy Policy

If you are interested in how we treat your information take the time to read our new Privacy Policy <https://www.birkebeiner.org.au/admin-2/policies/>.

Remember to renew your Birkie Membership for 2018!

If you have not renewed your membership and you want to be covered by our club insurance and use the Clubhouse facilities, you need to be a current financial member.

<https://www.birkebeiner.org.au/membership-2/on-line-membership/>

Remember Birkie Bank Account Details have changed!

Account Name: Birkebeiner Nordic Ski Club Incorporated

BSB: 633-000 Account Number: 159796739

Find out more about...

Victorian Junior Championships Results— Falls Creek Vic

Sprint (C) — http://www.alpinetiming.com.au/results/r63/#0_997F57

Distance (F) — http://www.alpinetiming.com.au/results/r64/#0_CDAC2E

Discover XC TV

Check out the new Discover XC TV Channel on AUSXC YouTube channel

https://www.youtube.com/playlist?list=PL4QOk696-TFcHBXQUL5V21VywW_ZL9buV



 **FallsCreek**

DAILY XC REPORT

**Follow the groomer live from your
phone with XCY App**

**Sign up : fallscreekxc@ymca.org.au
(03)57583408**

 **FALLS CREEK
CROSS
COUNTRY**

**Always ski where
the fresh tracks
are !**

XC trail names – who, why and what?

The **Two Pauls track** was named after Paul L'Huillier (Chief of Course) and Paul Northey (Groomer) who planned and cut the tracks in the first ten years of the Hoppet (1990 - 1999). They built the track when the full Hoppet Course was designed to go around the lake. The track was a way back from Watchbed Ck to avoid the elite Hoppet skiers running into the slower skiers coming the opposite way. Originally the Joey Hoppet went to Watchbed Ck and back, a much flatter course than Sun Valley but logistically more challenging with two way traffic.

Panorama corner and loop was named after the old Panorama tow which was built from above quarry near the corner.

Aitken's was named after John Aitken, who was very active in XC in the 80's, as chairman of the national xc committee and also the Victorian XC Committee. He was chairman of the organising committee of the week-long international cross country carnival held at Falls Creek in 1985. He dragged us from the amateurish organisation of events to a more professional system with big sponsorships and better promotions.

The **Paralyser** was a nickname that appeared on early Hoppet course maps and is now used among skiers for the 2km of road from Watchbed Creek up to the Park that stuck.

The first trail *built* in the mid 70's was the "1.5km loop" around the Nordic Bowl and up through the **Horseyards** where some of the fencing and the storage hut still remain. Brian Woinarski, first director of the Bogong School Camp and keen xc skier, along with other staff members of the time, Helen and Paul L'Huillier, used pine logs to corduroy the creek crossings and shifted rocks and dirt to hold snow cover and to develop a sheltered track that could be groomed with a skidoo towing a track setter and skied in all weather conditions.

Little Canada was named for the pines trees that use to grow there as it was thought to be a bit like skiing in Canada. **Tank Hill** was named because there are water tanks at the top.

Sun Valley and **Watchbed Creek** were named after their destinations.

Ropers Aqueduct track or "Ropers" was named after the aqueduct that collected water from the Ropers' Lookout a volcanic plug on Bakers Spur opposite the village of Falls creek, and carried the water to Rocky Valley Dam for use in generating hydro electricity (older maps called it the Rocky Valley Aqueduct).

The **Pipeline track** was named because it followed a pipeline that delivers water to the Village from RV Dam via the Tanks on 'Tank Hill'.



Helping at the Hoppet is fun!



And remember helpers are provided with a \$20.00 Hoppet Shop Voucher, lunch and an awesome day out so read on to find out why and how you can get involved!

Why should you help?

The Kangaroo Hoppet is the major event for Australian XC Skiing & can't run without BNSC volunteers. Birkebeiner Nordic Ski Club receives significant funding from Kangaroo Hoppet in recognition of the clubs involvement in organising the event and the volunteer contribution of club members. These funds are used to support club programs including Junior Birkie activities, coaching clinics, social activities, the race program and support for our elite athletes training and competing overseas.

How can you help?

If you are just coming to watch you can be a start line marshal, or if you are racing you can help out before with set up or after your race with pack up...

Help out on Friday 24th August

20 people are needed to set up the start/finish area in the Falls Creek Nordic Bowl

- This task will start at 9.30 am at the Race Hut in the Nordic Bowl and should finish after lunch.
- Helpers are needed to transform the Nordic Bowl into an international event stage with bunting/fences, tents, flags and signs around the Nordic Bowl.

Four People are needed to set up the Drink Station 0700h

- Seriously fun job for anyone that likes machines! Jump aboard a Bombardier and drive out across the High Plains to Drink Station sites for tent drop off, food supplies and water containers. An early start, but the views are great!

Help out on Saturday 25th August

10 people are needed to complete setting up the start/finish area in the Nordic Bowl

- Meet 0730h at the Race Hut and should finish by 0830. A great opportunity to help (warm up) before your race.

20 people are needed as start Line Marshals (until last wave of Joey Hoppet skiers set off)

- Meeting 0900h. Start line marshals monitor the entry gates to the start group paddocks and ensure competitors start in the correct group.
- Great for non skiing members!

The Kangaroo Hoppet Organising Committee really appreciates your contribution to the Hoppet. Contact Nick Wright nick@birkebeiner.org.au to register for your Hoppet helping experience!

A very busy working bee!

A huge thank you to the 22 people who volunteered their time to help out at the BNSC working bee at the Hoppet Office on Saturday 7th July. They did a fantastic job clearing the big storage shed and sweeping to remove all the debris from the last summer's roof replacement. The storage shed is much cleaner and tidier now, and all the drink station and race equipment has been readied for next month's big event.

Inside the auditorium all the race bibs were unpacked and checked for faults – only one was found with a missing tie. Nearly 3000 chocolates were unpacked, and about 350 timing chips were assembled and applied to the Kangaroo Hoppet bibs. The remainder of the chips have been assembled since then, and nearly all the bibs now have their timing chips stuck on.

It was an awesome effort by everyone involved. Thank you!



MERINO MUSTER LUXURY EVENT STAY 27 AUG - 3 SEP 2018

Now in its third year, the New Zealand based, cross country ski holiday business - Wanaka XC, run a 7 night, fully-catered stay for Merino Muster WorldLoppet ski race competitors. They provide everything you'll need to train and prepare for the Merino Muster - luxury shared accommodation, healthy meals, transport to and from Snow Farm and expert on-snow support. Tim and Nicole from Wanaka XC aim to provide you the personal support you deserve. All you have to do is ski!

Find out more about Wanaka XC's offer at www.Wanaka-XC.com

There are very limited places available - book early to avoid disappointment!

**ALL YOU
HAVE TO DO
IS SKI!**

WANAKA-XC.COM

**NZ MERINO
MUSTER 2018**



Wanaka XC
luxury event stays



**Almost Full
Book
Now!**

Tim & Nicole David

Wanaka XC

m: +64 221 114 1237

w: www.wanaka-xc.com

e: wanakaxc@gmail.com



Successful Junior Birkie Camp



We had a wonderful Birke Junior camp for the last weekend of the school holidays, with 33 participants in total. The kids classic skied Saturday including a ski tour with some Vic Junior athletes Saturday afternoon. Sunday was skate day, with a snowgaine in the afternoon. We stayed overnight at Bogong Village and learnt about Cambria's hometown, schooling etc where the kids asked lots of awesome questions.

A big thankyou to:

- our wonderful coaches-Cambria, Iris, Paul and Dean Gray, Ella Jackson, Nick Blackwell, Belinda Phillips, and Helen Gough.
- Cath Richardson and Kate Prest for organising the yummy food, and to all the parents that baked goodies
- Ronice and Michelle Forrer for driving the bus
- Falls Creek Resort Management for complimentary resort entry for bus
- our parent helpers who stayed Saturday night and helped over the weekend to ensure the kids had a wonderful experience
- Mt Beauty Secondary College and Falls Creek Cross Country for assisting with ski hire

Bron and Paul Gray

Key Dates for Junior Joeys

Visit the Birkie website for the full program for Junior Birkies and Junior Joeys
<https://www.birkebeiner.org.au/programs/junior-joeys/>.

And remember the next Mini Series on Sunday 5th August (classic style).



Have you heard about the new junior program?



The poster features a central white circle with the text 'THE AUSSIE POSSUM XC-SKI AWARDS PROGRAM' and a cartoon possum holding a branch. To the left, a vertical stack of colored circles lists the award levels: Level 1 Pygmy Possum (green), Level 2 Sugar Glider (orange), Level 3 Ringtail Possum (red), Level 4 Mountain Brushtail Possum (teal), Extras Sprint Awards (dark blue), Extras Sliding Around (light blue), and Extras Distance Goals (dark green). Below the central circle, text describes the program as an initiative of the Birkebeiner Nordic Ski Club, aiming to increase participant engagement and develop cross-country ski skills in young skiers. A dark blue footer bar contains contact information: Ronice Goebel, 0409 332 642, and AusXCSkills@skiandsnowboard.org.au. At the bottom, logos for the Birkebeiner Nordic Ski Club, Ski & Snowboard Australia, and the State of Victoria are displayed.

LEVEL 1
PYGMY
POSSUM

LEVEL 2
SUGAR
GLIDER

LEVEL 3
RINGTAIL
POSSUM

LEVEL 4
MOUNTAIN
BRUSHTAIL
POSSUM

EXTRAS
SPRINT
AWARDS

EXTRAS
SLIDING
AROUND

EXTRAS
DISTANCE
GOALS

THE AUSSIE POSSUM
XC-SKI AWARDS PROGRAM

An initiative of
Birkebeiner Nordic Ski Club

THE AUSSIE POSSUM
XC-SKI Awards Program
aims to increase participant
engagement and develop cross
country ski skills in young skiers.

Contact: Ronice Goebel 0409 332 642
AusXCSkills@skiandsnowboard.org.au

 **BIRKEBEINER**
NORDIC SKI CLUB

 **SKI & SNOWBOARD**
AUSTRALIA

 **VICTORIA**
State Government

ALL ABOUT THE PROGRAM

INTRODUCTION

THE AUSSIE POSSUM XC-SKI AWARDS Program, an initiative of Birkebeiner Nordic Ski Club, is a new cross country ski skills award program funded by a Snow Sports Development Grant from the Victorian State Government.

It aims to provide junior skiers with an opportunity to progress through each level whilst learning xc ski skills and having fun. Skier cards, a wall poster and stickers are provided along with a **Coach and Teacher Resource**.

Included are four proficiency levels (based on Aussie Possums) and 3 Extra Awards.

Level 1 - Pygmy Possum	EXTRAS
Level 2 - Sugar Glider	Sprint Awards - short fast speeds
Level 3 - Ringtail Possum	Distance Goals - accumulated kilometers
Level 4 - Mountain Brushtail Possum	Sliding Around - days on snow



WHO and WHEN

The award program is aimed at beginners to intermediate children and includes classic and skate technique skills. Competent program operators, teachers and instructors can assess each level whilst some aspects are based on honesty and personal records. Using the Aussie Possum Awards can be used as a tool to encourage skiers to set goals and see what can be achieved.

Ideally, the program is for people who have consecutive lessons within a school or club program, XC Ski squads or ski schools and XC Ski development camps.

HOW

- The assessment process is user friendly and self-managed.
- Use the **FUNDAMENTAL** approach.
- Assessment can be during or after lessons, formal or informal and be a part of the lesson.
- A **Coach and Teacher Resource** provides simple guidelines for each level and award, AND extra resource links for further clarification of skills. It is a guide, NOT an instruction manual.
- You can choose when to distribute the cards that can be used for recording OR you can use the **Assessment Checklist** provided to document results.
- It is up to the program provider to decide the mechanism for recording and distribution of the skills cards. (Although we do suggest it may work better if you hang on to the cards in a folder until each level is completed).



COSTS and REGISTRATION

Registration is free for 2018. Program organisers are asked to provide numbers of participants and levels achieved at the completion of the program as feedback. Please note: There may be a small fee for postage of printed program materials if outside out delivery area.

FEEDBACK

2018 is the first year for the Aussie Possum Skills Award. As it is being piloted by several clubs and organisations, your comments will help improve delivery. Please complete the FEEDBACK questionnaire when requested.

ACCESSING RESOURCES

An electronic copy of the Aussie Possum XC Ski Skills Award is available on request.

CONTACT

Ronice Goebel 0409 332 642
AusXCSkills@skiandsnowboard.org.au



Who is the 'Man of the mountain'?



By KYLE WILSON

THERE would be few people around Mt Beauty and Falls Creek who do not know long term local resident Allan Marsland.

Mr Marsland has spent decades as part of the local skiing community, having first moved to the area in the 1970s to teach at the Bogong School Camp.

"I was attracted here by the opportunities, the lifestyle and the job," Mr Marsland said.

He later moved to the Tawonga/Mt Beauty area.

By the late 1970s, he had become part of the Birkebeiner Nordic Ski Club, then in its early days, and he has not looked back.

A keen cross country and downhill skier, he became more closely involved in the pastime and with the club as the years went on.

These days, he can be found at Falls Creek several days a week in the winter.

For him, nothing beats being out on the mountain.

"I love enjoying the beautiful environment, getting out there in the beautiful scenery," he said.

His favourite run sees him head out "over the dam wall" before heading along Bogong High Plains Road and into the Alpine National Park, where he can explore where his mood takes him.

"It's a lovely, and more or less level, track," he said of the run.

Over the years he has been heavily involved in a range of winter events, including one of the biggest in the area, the Kangaroo Hoppet.

"The Hoppet's been a fantastic opportunity for me," Allan said.

"It makes you feel proud of your town, and it's really great for Australians to be involved in, it gives locals a fantastic opportunity to be part of an international ski race," he added.

Allan said he has made many friends from all over the world due to his involvement with the event, and has even traveled overseas to help share his knowledge with the international cross country skiing community.

This has included him being involved in Worldloppet (the organisers of an international series of ski marathons) and the International Ski Federation cross

country ski committee.

"It's opened up a whole new world where I get to contribute something and give back to the sport," Allan said.

He said the Hoppet also boosted the local economy and opened up a whole new world for local youth.

"It opens up the eyes of the young people in the area to other opportunities," Allan said.

And although he was recognised for his work over the years with a Medal of the Order of Australia last year, Allan said that any work he has done for the community is truly credit to not just him, but the people working with him.

"You're aware of what you've done, but you're also aware of the people behind you doing the work," he said.

Allan said he would not trade living in the alpine region for anything, and said he was proud to be part of the

local ski community, which over the years has also produced many Olympic standard cross country skiers.

He said he is keen to help face the challenges of the future, including the continuing development of cross country ski facilities at Falls Creek.

Allan said he is looking forward once again to this year's upcoming hoppet, adding that the contingent of international competitors is as strong as ever this year, with 100 or more overseas skiers expected to compete.

Among the prominent skiers involved this year will be last year's Worldloppet Cup winner, Aurelie Dabudyk, who will be training in the area in the lead up to the hoppet, as well as competing.

This year's Kangaroo Hoppet is happening on August 25 and more information is available on www.hoppet.com.au.

And finally join us in welcoming our new Birkie members

INCLUDED AS PART OF FAMILY MEMBERSHIP					
Eoin Barnett	Family	Diana Barnett(A)	Sarita Barnett(A)	Adam Barnett(C)	
Virginie Bernard	Adult				
Lindsay Bridgford	Family	Penny Bolt(A)	Phoebe Bridgford(A)	Harry Bridgford(C)	Alice Bridgford(C)
Lindley Dermot	Adult				
Martin Eriksson	Family	Kylie Eriksson(A)	Maddison	Flynn Eriksson(C)	Tristan Eriksson(C)
Megan Engel	Family	Benjamin (A)	Arnya (C)	Luka (C)	
Yvette Eriksen	Family	Paul Hartley (A)			
Robert French	Family	Callum French (C)			
Helen Gough	Family	Simon(A)	Sam(C)	Jasper(C)	
Donna Jones	Family	Nigel Jones(A)	Finbar Jones(C)	Maeve Jones(C)	Lenny Jones(C)
Jan Hanak	Family	Narelle Keen (A)	Jana Hanak (C)	Robbie Hanak (C)	
Jackie Kildea	Adult				
Esther Leccardi	Family	Valerio(A)	Arianna(C)		
Jacinta Trevena	Family	Daniel Trevena (A)	Zoe Trevena (C)		
Ivan Mock	Adult				
Luise Mock	Adult				
Claire Porter	Adult				
Andrew Porter	Family	Michelle (A)	Fergus (C)	Elliot (C)	
Tim Retchford	Family	Tory (A)	Hamish (C)	Sam (C)	
Mary Rosengren	Adult				
Stephanie Simpson	Adult				
Cheryl Smith	Adult				
Andrew Stecher	Family	Hana Kazda(A)	Adam Stecher(C)	Daniel Stecher(C)	
Craig Thompson	Family	Catherine Lennon(A)	Misha Thompson(C)	Amelie Thompson(C)	
Margeaux Thompson	Adult				
Jacinta Trevena	Family	Daniel Trevena (A)	Zoe Trevena (C)		
Colin Thornton	Family	Louise (A)	Eila(C) James (C)	Harvey (C)	Miles(C)
Scott Vercoe	Adult				
Britta Weller	S&R only				
Denise Whitehead	Adult				
Ross Wilson	Family	Steph Wilson(A)	Sydney Wilson(C)	Hamish Wilson(C)	Lincoln (C) Callum(C)
Amy Wise	Family	Richard (A)	Matilda (C)	Harriet (C)	

Thanks to everyone who joined we hope you will enjoy being part of our club. This year we have a total of 453 total members; 295 Adults and 158 Youth / Juniors.

And thank you to all our members who renewed their membership...

		INCLUDED AS PART OF FAMILY MEMBERSHIP			
Colin Addison	Family	Judith Barnes(A)			
Jamie Armitage	Family	Elise(A)	Ayla(C)	Isaac(C)	Evelyn(C)
Julien Atherstone	Family	Jenny Corser(A)	Teagan(C)	Taylor(C)	
John Bailey	Adult				
Greg Beanland	Family	Alison(A)	Amy(C)		
Alice Bellingham	Adult				
Ann Bellingham	Adult				
Phillip Bellingham	Adult				
Russell Bellingham	Adult				
Sarah Black	Adult				
Nicholas Blackwell	Adult				
Roger Blackwell	Family	Kate Parris(A)	Ryan Blackwell(C)		
Robert Boland	Adult				
Michael Bourke	Adult				
Lisa Bowring	Family	Russell Bowring(A)	Claire Bowring(C)	Callum Bowring(C)	
Natasha Brennan	Family				
Peter Burgess	Adult				
Katrina Butler	Adult				
Ty Caling	Family	Justine(A)	Charlotte(C)	James(C)	Claudia(C)
Robyn Carter	Family	Charlie Pascoe(A)	Penny Pascoe(A)	Tilly Pascoe(A)	Tessa Pascoe(A)
Simon Caswell	Family	Amy Neville(A)	Zoe Caswell(C)	Hanna Caswell(C)	
Eileen Clark	Associate				
Charles Clarke	Family	Abigail(A)	Lauren(C)		
Madison Clarke	Adult				
Sandi Coleman	Adult				
Linda Crapper	Adult				
Tony Crapper	Adult				
Jim Crebbin	Life				
Meg Crebbin	Adult				
Tom Crebbin	Family	Karen Crebbin(A)			
Andy Croke	Family	Nina Cullen(A)	Liam Cullen-Croke	Carmen Cullen-Croke(C)	
Michelle Croker	Family	Matthew Charles-Jones(A)		Tarn Charles-Jones(C)	
Trish Cross	Adult				
Alicia Crossley	Family	Caitlin Smith(A)	Nicola Smith(C)	Callum Smith(C)	
Robyn Darby	Adult				
Chris Delany	Adult				
Robert Dunn	Family	Irene(A)			
Mark Eddey	Family	Fleur Eddey (A)	Nicholas Eddey(C)	Joshua Eddey (C)	
Philip Evans	Life				
Geoff Field	S&R only				
Grant Flanagan	Family	Emma(A)	Jeremy(A)	Tim(A)	
Matt Flanagan	Family	Lisa Flanagan(A)	Liam Flanagan(C)	Annika Flanagan(C)	
Bob Flower	Life				
Michelle Forrer	Family	Conrad Forrer(A)	Jarrah Forrer(C)	Ash Forrer(C)	
Ian Franzke	Family	Leonie Campbell(A)	Rosie Franzke(C)	Bethany Franzke(C)	Chloe Franzke(C)
James Gargan	Adult				
Rhonda Gargan	Adult				
Penelope Goebel	Adult				
Ronice Goebel	Life				
Dean Gray	Family	Jessica(A)	Amy(C)	Lucas(C)	Mia(C)
Keith Gray	Adult				
Mark Gray	Family	Megan Gray(A)	Zachary Gray(A)	Josh Gray(C)	
Paul Gray	Family	Bronwyn Gray(A)	Hannah Gray(C)	Zoe Gray(C)	

INCLUDED AS PART OF FAMILY MEMBERSHIP					
Stephen Green	Family	Jennifer(A)	Lachlan(C)	Mia(C)	Ella(C)
Nick Grimmer	Family	Lescinska (A)	Felix (C)		
Joanne Grindlay	Family	Mike Manning(A)	Jessica Manning(C)	Patrick Manning(C)	
Alice Hamilton	Family	Jarrold Quinn(A)	Gene Hamilton-Quinn(C)		
Christine Hamilton	Adult				
Doug Hamilton	Adult				
Jaclyn Hamilton	Family	William Hamilton(C)	Ella White(C)	Angus white(C)	
Ross Hamilton	Adult				
Ken Harvey	Family	Liz(A)			
Marg Hayes	Family	Bruce Wharrie(A)			
Chris Heberle	Life				
Damian Herman	Family	Skye(A)	Jesse(C)	Jamie(C)	
David Herd	Adult				
John Hillard	S&R only				
Glenn Hobday	Family	Shelley(A)	Jackson(C)	Taylor(C)	
Blair Hume	Family	Julie Smith (A)	Axel Hume (C)		
Andrew Hoogenraad	Family	Tom(A)			
Karen Lee Howe	Adult				
Kylie Jawerth	Family	Steven(A)	William(C)	Bronwyn(C)	Hayley(C)
			Josephine (C)	Elyssa(C)	
Helen Jerome	Family		David Beckingsale(A)	Cam Beckingsale(A)	
Marg Jowitt	Adult				
Brian Keeble	Life				
Tony Keeble	Family	Megan Benne(A)	Acacia Benne Keeble	Arana Benne Keeble(C)	
		Astaria Benne Keeble(C)		Annika Benne Keeble(C)	
Lee Kodric	Adult				
Geza Kovacs	Family	Sue(A)			
John Lamb	Adult				
Helen L'Huillier	Life				
Paul L'Huillier	Life				
Bill Little	Life				
Gael Little	Associate				
Tony Marsh	Adult				
Allan Marsland	Life				
Finn Marsland	Family	Peta Chapman(A)	Eli Chapman(C)	Angus Chapman(C)	
Heath Matheson	Family	Jude(A)	Darcey(C)	Bridie(C)	
Nicole McCaster	Adult				
Stephen McDowell	Adult				
Veronica McDowell	Adult				
Jeanette McLaren	Adult				
Fiona McLennan	Family	Gregor (A)	Kirsten (C)	Angus (C)	
Mark McMillan	Family	Riordan(C)	Kathy(A)		
Nadia Mellor	Adult				
Helen Michener	Adult				
Norm Michener	Adult				
Will Middlemiss	Junior				
Nick Montgomery	Family	Miranda Milne(A)	Patrick Montgomery(A)		
Deilia Murray	Family	Ian(A)			
Paul Murray	Family	Marina Murray(A)	Patrick Murray(C)	Max Murray(C)	
Wayne O'Brien	Family	Kim O'Sullivan(A)	Rory O'Brien(C)	Amelie O'Brien(C)	Wolf O'Brien(C)
Leanne O'Connor	Family	Peter Duffy(A)	Maysen Duffy(C)	Lucas Duffy(C)	
Malcolm Oldis	Family	Rosemary(A)	Aliena(A)	Brianna(C)	

INCLUDED AS PART OF FAMILY MEMBERSHIP					
Ro Packer	Family	Sebastian Packer-Smith(C)	Ian Smith(A)		
Jarrold Paine	S&R only				
Kim Pammer	Family	Tony Pammer(A)	Leila Pammer(C)	Sierra Pammer(C)	
David Panozzo	S&R only				
Katerina Paul	Adult				
David Pescod	Adult				
Dawn Pescod	Adult				
Belinda Phillips	Family	David Hunt (A)	Mitchell Hunt (C)		
Georgia Pescod	Adult				
Simone Piera	Family	Darcy Ceccanti (C)	Stella Ceccanti (C)		
Johanna Pihkanen	Family	Ewen Silvester(A)	Matt Pihkanen(A)	Tommi Silvester(C)	Harri Silvester(C)
Andrew Prest	Family	Kate(A)	Emma(C)	Louise(C)	
David Price	Family	Kinga Price(A)	Hannah Price(C)		
Warren Proft	Family	Liz(A)	Charlotte(C)	Millie(C)	Audrey(C)
Emma Redmond	Family	Brad (A)	Jai (C)	Zoe (C)	
Stuart Richardson	Family	Catherine Richardson (A)	Isaac Richardson(C)	Max Richardson(C)	
Catherine Rose	Family	Damien(A)	Milla(C)	Zac(C)	
Jeremy Rosewarne	S&R only				
Kel Rook	Family	Colby			
Lisa Ryan	Family	Noel (A)	Molly (C)	Finn (C)	
Oldrich Sadilek	Adult				
Warren Sanders	Family	Steph Sanders(A)	Cleo Sanders(C)	Loki Sanders(C)	
Jane Shadbolt	Family	Gary Noall(A)	Finn Noall(C)		
Andrew Slocombe	Family	Chrissie(A)	Spencer(C)	Barnaby(C)	Hal(C)
Mike Smith	Family	Sonja (A)	Alina (C)		
Peter Smith	Adult				
Russell Smith	Family	Rebeca Starling(A)	Sam Smith(C)	Jessica Smith(C)	
Riccardo Spiller	Adult				
Susan Spiller	Adult				
Ashleigh Spittle	Adult				
Jonathan Spring	Family	Fiona Spring(A)	Jayden Spring(C)	Isaac Spring(C)	Eli Spring(C)
Richard Stratton	Family	Angela(A)	Daisy(C)	Isobel(C)	Arthur(C)
Brent Tanzen	Family	Ebony (A)	Joshua (C)	Noah (C)	
James Taylor	Family	Claire Mackinlay(A)	Suniya Taylor(C)	Mackinlay Taylor(C)	Evelyn Taylor(C)
Sean Taylor	Family	Christina(A)	Connor(C)	Shelby(C)	
Linda Terlikar-Legras	Family	Jean-Claude Legras(A)	Jackson Terlikar(C)	Jessica Terlikar(C)	
Elaine Thomas	Adult				
Susan Tilley	Adult				
Anne Timewell	Family	John weir(A)	Lola Timewell(C)		
Michal Trnka	Adult				
Tony Valente	Adult				
Gerry Van Der Ploeg	Family	Daniel	Jenny	Mark	Evan
Bruce Vine	Life				
Andrew Walker	Family	Susan Munro(A)			
Aimee Watson	Adult				
Doug Westerman	Adult				
Chris Wright	Family	Robyn Wright(A)	Casey Wright(A)	Abe Wright(A)	
Nicholas Wright	Adult				
Dennis Young	Family	Sandra Mitchelhill(A)			
Mark Zagorski	Adult				
Jane Zwar	Family	Andy (A)	India (C)		

Key Dates for your Calendar

<div>  <div> AUSXC <small>AUSTRALIAN CROSS COUNTRY SKIING</small> 2018 RACE CALENDAR <small>DRAFT V3.1 1/05/18</small> </div>  </div>					
Day	Start	Race	Location	Contact	Contact No.
Apr 14	9:30am	Australian Rollerski Championship	Canberra	Finn Marsland	0408 147 940
May 6	10:30am	Victorian Rollerski/Skiing Championship	Lake Mountain	Andrew Paul	0488 642 782
June					
Sun 24	10:00am	Fast and Female	Lake Mountain	fastandfemaleaus@gmail.com	
Sun 24	11:00am	Snow, Trek & Travel Mini Series #1 (C) 0.5/1.5/2.5 km	Falls Creek	Lynn-Maree Cullen	0409 592 226
Sat 30	11:00am	Paddy Pallin Junior (F) 0.5-2.5km	Perisher	Tim Greville	0428 159 336
July					
Sun 1	11:00am	Cooma Clean Out the Cobwebs (F) 1/5km	Perisher	Bolt	0456 559 686
Sat 7	8:30am	Come & Try XC Skiing open day	Perisher	info@snowsportsACT.com.au	
Sat 7	12:00pm	NSW Junior Sprint (C)	Perisher	Peter Ward	0409 338 978
Sat 7	10:00am	Fast and Female	Falls Creek	fastandfemaleaus@gmail.com	
Sat 7	1:00pm	Snow, Trek & Travel Mini Series #2 (F) 0.5/1.5/2.5 k	Falls Creek	Lynn-Maree Cullen	0409 592 226
Sun 8	10:30am	Birkebeiner Classic (C) 2.5/5/10km	Falls Creek	Ann Bellingham	03 5754 1815
Sun 8	8:30am	ACT Ski de Femme	Perisher	R Cunningham	0400 718 047
Sun 8	11:00am	Cooma Clean Out the Waxbox (C) 5km 1km (F)	Perisher	Bolt	0456 559 686
Sun 8	10:00am	Junior Sprint X	Lake Mountain	Ray Malins	03 9728 1894
Sun 8	1:00pm	Lake Mountain Mini Series 1 (F) 0.5/1.5/2.5km	Lake Mountain	Ray Malins	03 9728 1894
Wed 11	1:30pm	Paddy Pallin Junior Shield (C) 0.5/3km	Charl Pass	Rod Peile	0448 670 586
Sat 14	11:00am	Snow Trek & Travel High Plains Tour (F) 2.5/5/10	Falls Creek	Len Budge	0417 352 845
Sat 14	9:30am	NSW Sprint Champ's (F)	Perisher	Peter Ward	0409 338 978
Sat 14	1:00pm	Come & Try XC Skiing open day	Perisher	info@snowsportsACT.com.au	
Sun 15	11:00am	YMCA Howmans Gap Vic Relay Champs (C/F) 2.5/5	Falls Creek	Len Budge	0417 352 845
Sun 15	10:00am	ACT Distance Champ's (F) 2.5/3/5/7.5/10 km	Perisher	Peter Cunningham	0477 356 835
Sat 21	9:30am	Vic Junior Sprint Champ's (C)	Falls Creek	Ben Derrick	0400 110 046
Sat 21	9:30am	AUS Open Sprint Champ's (C) ** CC/FIS	Perisher	Peter Cunningham	0477 356 835
Sat 21	11:00am	PXC Cup 10km (F)	Perisher	Wayne Pethybridge	0431 285 566
Sun 22	10:00am	Vic Junior Distance Champ's (F) 2.5/5/10km	Falls Creek	Ben Derrick	0400 110 046
Sun 22	10:00am	AUS Open Champ's 10/15 (F) *** CC/FIS	Perisher	Peter Ward	0409 338 978
Sun 22	11:00am	Bullfight Charge (F) 3.5/8km	Lake Mountain	Ray Malins	03 9728 1894
Sun 22	11:00am	Lake Mountain Mini Series 2 (F) 0.5/1.5/2.5km	Lake Mountain	Ray Malins	03 9728 1894
Sat 28	9:30am	AUS Junior Championships Sprint (F) **	Perisher	Peter Ward	0409 338 978
	pm	TBC Aus Junior XC-Cross event			
Sun 29	10:00am	AUS Junior Championships Distance (C) **	Perisher	Peter Cunningham	0477 356 835
Sun 29	11:00am	Lake Mountain Mini Series 3A (C) 0.5/1.5/2.5km	Lake Mountain	Ray Malins	03 9728 1894
Sun 29	1:00pm	Lake Mountain Mini Series 3B (F) 0.5/1.5/2.5km	Lake Mountain	Ray Malins	03 9728 1894
August					
Sat 4	9:00am	Fast and Female	Perisher	fastandfemaleaus@gmail.com	
Sat 4	11:00am	Cooma Open (F) 10km	Perisher	Bolt	0456 559 686
Sat 4	11:00am	Hotham to Dinner Plain (F) 12km	Hotham	Mick Sinclair	0408 127 325
Sun 5	11:00am	Snow, Trek & Travel Mini Series #3 (C) 0.5/1.5/2.5 k	Falls Creek	Lynn-Maree Cullen	0409 592 226
Sun 5	10:30am	City Tatts Boonoonoon Open (C/F) 5km	Perisher	Michael Sterndale	0412 043 900
Sun 5	9:00am	Vic Interscholar XC Championships	Mt Buller	David Speirs	1300 853 633
Mon 6	11:00am	Charlotte Pass Open (C) 5km	CharlPass	Chris Hegarty	02 9411 5974
Mon 6	6:00pm	NSW Night Relays (F)	Perisher	Peter Ward	0409 338 978
Wed 8	10:00am	KAC X-C Classic (C/F) 8.5km	Perisher	Chris Hegarty	02 9411 5974
Wed 8 - Fri 10		AUS Secondary Schools Ski Team Championship	Falls Creek	Heath Matheson	03 5754 4005
Thu 9	11:00am	Sundeck Handicap Race (F) 7.5km	Perisher	sundeckhotel.com.au	
Sat 11	9:30am	Snowy Mountains Classic (F) 2.5/7.5/15/30 km	Perisher	Peter Cunningham	0477 356 835
Sat 11	10:00am	Ski de Femme (F) Fun Race 1, 2.5 & 5km	Falls Creek	Ronice Goebel	03 5754 4910
Sun 12	9:00am	NSW Ski Orienteering Champs	Perisher	Marina Iskhakova	0412 308 310
Sun 12	10:30am	Rocky Valley Rush/Sun Val Ramble (15/7.5km) (F)	Falls Creek	Ann Bellingham	03 5754 1815
Sun 12	10:30am	Tullacouty/St Phillack Cup (F) 5/8km	Baw Baw	Paul Proctor	0417 352 052
Thu 16	11:00am	North East Primary School Relays	Falls Creek	Ronice Goebel	0409 332 642
Sat 18	10:00am	Canberra X-C Ski Club Kosciusko Tour (C/F) 18km	Perisher	Rowan Christie	0418 241 496
Sat 18	9:30am	AUS Open Sprint Champ's (F) *** CC/FIS	Falls Creek	Ann Bellingham	03 5754 1815
Sat 19	10:00am	AUS Open Champ's 5/10 (C) *** CC/FIS	Falls Creek	Ann Bellingham	03 5754 1815
Sun 19	11:00am	Amelia Time Trial and Team Sprints	Perisher	Leslie Ludwig	0459 642 222
Wed 22	9:00am	NSW Interscholar Races	Perisher	Peter Ward	0409 338 978
Thu 23	6:00pm	Falls Creek Invitation Night Sprints	Falls Creek	Race Secretary	03 5754 1045
Sat 25	9:30am	Kangaroo Hoppet (F) 42km CC/FIS			
	9:40am	Australian Birkebeiner (F) 21km	Falls Creek	Race Secretary	03 5754 1045
	9:50am	Joey Hoppet (F) 7km			
September					
Sat 1	11:00am	NZ Merino Muster	Snow Farm	www.snowfarmnz.com	
Sat 1	11:00am	Snowy Mountains Nordic Family Cup	Perisher	Tim Greville	0428 159 336
Sat 1	11:00am	Snow, Trek & Travel Mini Series #4 (F) 0.5/1.5/2.5 k	Falls Creek	Lynn-Maree Cullen	0409 592 226
Wed 5	9:00am	Australian Interscholar XC Champ	Perisher	Peter Ward	0409 338 978
Tue 4		ANC NZ Continental Cup 5/10km (F) CC/FIS	Snow Farm	www.snowfarmnz.com	
Wed 5		ANC NZ Continental Cup Sprint (F) CC/FIS	Snow Farm	www.snowfarmnz.com	
Thu 6		ANC NZ Continental Cup 10/15km Mass (C) CC/FIS	Snow Farm	www.snowfarmnz.com	
Sat 8 / Sun 9		Perisher Cup	Perisher	Alan Davis	0411 189 974
Online entries: NSW - https://regonline.activeglobal.com/2018perishercrosscountryeventreg					
Vic - http://ausxc.com/race-calendar/					



RACE SECRETARIES

National & ACT
 Peter Cunningham
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 M 0477 356 835
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New South Wales
 Peter Ward
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nswxc1@gmail.com

Victoria
 Andrew Walker
 0407 072 152
awalk347@gmail.com

LEGEND

F Freestyle Race
 C Classic Race
 * Senior Selection
 ** Junior Selection
 CC Continental Cup
 FIS FIS Race

Event details, times and dates may be subject to change without notice. Skiers should confirm details with race organisers. Updates will be posted at www.ausxc.com/



*By Tony Keeble
& Megan Benne*

Clubhouse Rules

The Clubhouse is for Day Use only. And for the comfort of others the committee asks all members to please observe the following rules:

1. *No skis or waxing inside the building. (Waxing can be done in the skidoo shed next door, or in the Windy Corner Day Shelter waxing room.)*
2. *Use the shelves and hooks for your belongings, keep the downstairs benches clear for people to sit.*
3. *No outdoor footwear or wet clothes upstairs.*
4. **Clean up after yourself - no dishes to be left on the sink.**
5. *Take all your rubbish home. We do not have a rubbish bin in the clubhouse.*
6. *If you are the last person to leave the clubhouse please ensure all lights are off and the upstairs electric heater and kettle are off*
7. *Lock the door if are the last person to leave, even in the middle of the day, to keep our belongings safe while we are out skiing.*

Newsletter of the Birkebeiner Nordic Ski Club

PO Box 192
Mount Beauty VIC 3699

Secretary: Ronice Goebel
Email: secretary@birkebeiner.org.au
Website: <http://www.birkebeiner.org.au>