
BIRKEBEINER BULLETIN

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Official newsletter of the Birkebeiner Nordic Ski Club

PO Box 192 Mount Beauty Victoria 3699

Telephone: (03) 57544323

Website: <http://birkebeiner.org.au>

Editor's email address blittle@netspace.net.au

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President

57592639
0409 332 642

Vice President

0404530358

Secretary

5754 4323
0422 049 207

Assistant Sec.

Treasurer

57541815

Newsletter Editor &

Membership Secretary

57544174

Social Secretary

5754 1341
0407 814 114

Committee Members

Alice Hamilton

Allan Marsland 57544541

Ian Franzke 5754 1281

Jim Gargan 5754 1785

Marg Trnka 57544637

Michelle Forrer 57541722

Ronice Goebel

ronice.goebel@gmail.com

Blair Hume

blairhume@yahoo.com.au

Trish Cross

trishacross@bigpond.com

Penny Goebel

penbel1961@gmail.com

Ann Bellingham

bellingham.kathryn.a@edumail.vic.gov.au

Bill Little

blittle@netspace.net.au

Kerry Lucas

km.lucas@bigpond.com

hamilton.alice.l@edumail.vic.gov.au

allan.marsland@gmail.com

ianfranzke@hotmail.com

gargan@internode.on.net

marg@trnka.com.au

forrer.michelle.l@edumail.vic.gov.au

From the President

Winter Salutations Everyone!

Yes, the snow can't be far away, but your committee has not been in summer hibernation. At the recent AGM, we welcomed new committee members and thank them for stepping forward and being willing to contribute to our great XC ski club. BNSC is small, vibrant and active, especially in the winter months, but it takes some extra time out of season to keep things ticking along and for new projects and priorities to be realised.

On behalf of the committee and all club members, I would like to say a huge thank you to Helen L'Huillier, our outgoing President and Paul L'Huillier our outgoing treasurer. Helen and Paul have had long associations with Birkie and have made really superb contributions to BNSC, the sport and XC skiing in general.

Apart from the general committee, BNSC has subcommittees that ensure various tasks and projects are fulfilled. These are convened by various committee members who form a subcommittee of interested persons from the membership. A photo board in the club house will help you identify those listed, so if you have ideas or thoughts, please approach them in person or via email.

For 2014, The committee has ongoing priorities and has identified others to take us forward. If you have any thoughts or ideas that will contribute to the running of, or development of BNSC and XC skiing, please bring them along. The following are some projects in the current pipeline and a few others for starters!

Revamping of club house Improving storage facility of club house Organisation of race hut and new fence poles Increasing the coaching capacity of the club members Strengthening the junior program Developing a higher media profile for BNSC Addressing membership registration issues Exploring "Regional Training Group" concept identified by SSAXC pathways.

Well, that's it for now. See you on the snow or at the casserole dinner!

Ronice Goebel

President

The 2014 Ski & Snowboard Australia Awards were held in Melbourne last Thursday evening May 1. The overall Snowsports Athlete of the Year award was shared between Sochi 2014 silver medalists David Morris (Freestyle Aerials) and Torah Bright (Snowboard). The rest of the awards and summary of the evening can be read about [here on the SSA website](#).

No cross country skiers received overall awards, however the cross country skiing nominations for each of the awards were as follows:

Athlete of the Year: Phillip Bellingham

Junior Athlete of the Year: Casey Wright

Outstanding Achievement: Phillip Bellingham

Rising Star: Katerina Paul

Coach of the Year: August Teague

Development Coach of the Year: JC Legras

The citations that accompanied each of the cross country skiing nominations are included below.

Athlete of the Year Winter Olympic debut, World Under 23 Championship, twelve World Cup starts, World University Games; Phillip Bellingham had a big season in Europe. While his stand-out performance was qualifying 16th in the Sprint Time Trial at the U23s, Phillip's consistency in World Cup Freestyle Sprints and the number of PBs ticked off was impressive. These included best place of 37th, lowest FIS points of 40.5, and his closest effort to making the finals just 1.2 seconds outside the top 30. Phillip's debut in Sochi was solid, his best performance 55th on a hilly 1.8km Sprint in soft conditions that wasn't ideal for his 84kg body type. However, don't be tricked into thinking that Phillip is just a power machine in a predominantly aerobic sport. His distance racing this season also took a step up, with highlights including 23rd at the World University Games 30km Classic, 46th in the U23 World Championship 15km Classic and his FIS distance world ranking lifting over 400 places.

Junior Athlete of the Year Casey Wright is the Cross Country Skiing Junior Athlete of the Year. Her highlight performance was 48th in the Freestyle Sprint at the World Junior Championship, the best % of field sprint result by an Australian female since Esther Bottomley in 2003, and a top 50 result for Casey two years in a row. Leading into the World Junior Championship Casey scored three impressive top 16 results at the Swedish Junior Championship, including 11th place in the 10km Freestyle. She was also the best performing female at the 2013 World University Games, placing 54th in the 10km Skiathlon. Together with junior team-mates Anna Trnka and Xanthea Dewez, Casey also this season achieved the qualification standard used for the 2013 senior World Championships.

Outstanding Achievement Phillip Bellingham – 16th in the Sprint Time Trial at the World U23 Championship. Phillip Bellingham's 16th in the Freestyle Sprint Time Trial at the U23 World Championships is the highest ever place by an Australian Cross Country Skier at a FIS World Championship event. Rubbing shoulders with regular World Cup finalists in the ¼ finals, unfortunately he was tripped up half way round the course by the eventual A-final silver medalist, finishing up 25th. Only one other Australian has ever made the top 20 at the World U23 Championship, Ben Sim, who finished 19th in the 15km Classic in 2008.

Rising Star Cross Country Skiing Rising Star Katerina Paul has demonstrated great potential as Australia's sprinter of the future. In the 2013 winter Katerina was selected for the Australian Junior Team for the first time after making the Open semi-finals of the Australian Championships Freestyle Sprint at Falls Creek and qualifying 6th for the Classic Sprint at Perisher. Training with the Sun Valley team in the USA over the northern winter, Katerina surprised the locals by claiming 3rd place in the finals of the junior sprint at the US championships, and followed up at the US Junior Championship making it through to the semi-finals in the U18 category. Moving to Falls Creek for the 2014 winter, Katerina or "Kat" Paul is a name to watch out for already this year.

Coach of the Year August Teague started with the Australian Team as the Falls Creek Training Centre Coach and quickly moved up to officially become the World Cup Team coach in 2013. Under August's watch Australia had four cross country skiing athletes selected to Sochi 2014, topping the previous record of three in Torino and Vancouver. The outstanding performer on the World Cup team this season was Phillip Bellingham, who scored a personal best 37th at the Poland World Cup with August flying solo team support as coach/driver/wax technician. Always concerned with the "whole" athlete, August's coaching style has had a significant impact on Australian athletes and coaches that will continue to reap positive benefits for years to come.

Development Coach of the Year JC Legras has been developing athletes in Australia for many years, working at club, school, state and national level. In 2013 JC was appointed as the Cross Country Skiing National Strength & Conditioning coach, responsible for providing strength training direction for athletes at all levels of the national team and having direct input into the strength programs of athletes on the World Cup Team. On top of his official work with the Victorian Junior Squad and National Team, JC is the personal coach of team athletes Casey Wright and Nick Montgomery, both of whom took a big step up in international competition this year. Casey was the best performing female at the World Junior Championships and World University Games, while Nick dramatically improved his world ranking and qualified for the U23 World Championship in his first year out of juniors. Coaches like JC, who can take an athlete from interschools all the way through to the international stage, are essential for the long-term success of Australian cross country skiing.

AGM Report

The AGM was held on the 21st of May at the Hoppet auditorium. A new committee has been elected. The new members are as follows,

President:	Ronice Goebel
Vice President:	Blair Hume
Secretary:	Trish Cross
Assistant Secretary:	Penny Goebel
Treasurer:	Ann Bellingham
Social Secretary:	Kerry Lucas
General Members:	Ian Franzke, Allan Marsland, Jim Gargan, Michelle Forrer, Alice Hamilton, Marg Trnka.

Trish has flagged that this will be her last year as secretary and Penny is assisting her with the aim of taking the job next year. I too wish this to be the last year that I look after the membership and the newsletter. I am preparing blank newsletters in both Word and Publisher formats to make it easier for a new editor to succeed me.

The sub committee conveners are listed below.

Search and Rescue:	Ian Franzke, Marty Eriksson
Clubhouse:	Megan and Tony Keeble
Race:	Marg Trnka
Junior:	Michelle Forrer
Hoppet Race Committee:	Bob Flower
Snowmobile:	Ian Franzke

Contact details of all committee members are on the front page of the newsletter.

The membership fees have been raised and are now as follows:

Family:	\$75 (2 adults + children)
Senior:	\$35
Junior/Student	\$25

Birkebeiner Nordic Ski Club
President's report
AGM 21 May, 2014

I'd like to thank my fellow committee members for their hard work over the past year, especially our very efficient secretary, Trish Cross. Trish has done a marvellous job since she started four years ago, but has indicated that she would like to step down soon. It is time to pass over the running of the club to the next generation, the parents of young children who are at the age now that we were in the club's early days.

Fortunately we have found someone who is willing to act as Assistant Secretary this year with a view to taking over the secretary's role next year. And I'm happy to say that several younger members have indicated that they are willing to take on roles too, and that a few experienced folk are willing to stay on for now, to guide the new committee.

We have nominations for all committee positions including, if elected tonight, a new vice president, a new treasurer and several new committee members.

As a founding member, (the first meeting was held in our lounge room in September 1977), I am saddened to be stepping down from the committee, but I look forward to watching the club continue to grow, to assisting in activities whenever possible, and to enjoying some blue sky days' skiing and then socialising afterwards in the clubhouse.

During the past year, our club continued its great tradition of encouraging and assisting in the development of cross country skiing.

Unfortunately, a lack of snow in July meant that our junior on-snow camp and our Birkebeiner Classic ski race had to be cancelled. Our Ski de Femme day for women and girls was postponed till August when it was successfully conducted by Ronice Goebel.

Our Casserole Dinner at Bogong village was a great success and we had a very interesting presentation, "Around the World by Bicycle" from Steve Seal and his partner, Emi, who cycled around the world over 11 years, including to Everest base camp. Thank you to Kerry Lucas who organised all our social events, including the casserole and midseason dinners and the end of year BBQ.

Michelle Forrer organised another successful Junior Joey program while Ronice organised the Junior Birkies. I'd like to commend Michelle and Ronice on their enthusiasm, and thank them for their contributions.

Many of the key roles in coaching and administration in cross country skiing such as FIS, Worldloppet, Skiing Australia and VSAXCC, are held by Birkebeiner members, e.g. Allan Marsland, Allison McArdle, Finn Marsland, Nick Grimmer and Ronice Goebel to name a few.

Other highlights of the season included

- a moonlight ski organised by Ian Franzke,

- coaching provided by our Swedish guest, Victor Gustaffson (special thanks to the families who offered billets and to Ronice for organising Victor's visit), and our own Anna Trnka who organised her first local junior squad

- Esther Bottomley and Phillip Bellingham, representing Australia at the Sochi Winter Olympics, while several others were in other representative teams,

- our organising several quality races including the Rocky Valley Rush, national championships and the Kangaroo Hoppet, Australia's Worldloppet event,

- several social functions and pre-season training events for members, and track and trail development and maintenance at Falls Creek

And of course, we continued to maintain and improve our wonderful clubhouse at Windy Corner. Negotiations are continuing regarding a licence instead of a lease when the current lease expires in 2016, and a tender document has been prepared for the renovation of the clubhouse to meet safety and repair needs.

I'd like to thank Bill Little for the excellent job he does managing the memberships and producing the newsletters, Ian Franzke for looking after the club skidoo and the S&R team, our treasurer and webmaster, Paul L'Huillier, for managing and reporting on our finances, applying successfully for grants and keeping our website updated, Jim Gargan for his work on the Falls Creek Trails committee, and Bron and Paul Gray for looking after the clubhouse.

Thank you also to all our other volunteers, including the club race committee, the Hoppet race committee, our Hoppet Board representatives, the Search and Rescue volunteers, and to those who just lent a hand when asked, whether it be working bees, race organisation or tidying up at the clubhouse.

I wish the new president and committee every success and lots of enjoyment and satisfaction as they lead our club into the next year.

Helen L'Huillier
19 May 2014

CLUBHOUSE REPORT AGM 2014

The clubhouse was extremely well utilised winter 2013. Members did a great job keeping it tidy and giving it the occasional vacuum and clean. The new Chariot got lots of use by young families, and a log book was started to assist in its use (stored downstairs behind door).

Over summer the upstairs area on the balcony side was carpeted to be used as the kids play area. Thanks to Paul L'H for organising. The idea being that the kids play in this area, leaving the other side a quieter area. We also had a family of bees take up residence at the clubhouse over Summer. Thank you Helen L'H for organising their removal.

A preseason working bee will be held this Sunday 18th May to prepare the clubhouse for the season.

Paul and I have been the clubhouse guardians for the last 3 years and feel it's time to pass this onto another Birkie member. Thank you to Megan and Tony Keeble for taking on this role.

Bron and Paul Gray (16/05/2014)

BNSC JUNIOR REPORT

The **2013 PROGRAM** aimed to include weekly Sunday morning coaching for Junior racers targeting age 11 to 15 years. Prior to the season, Anna Trnka provided weekly dry land training to junior secondary age skiers in Mt Beauty. Building on the 2012 presence of Canadian Veronique, BNSC, in partnership with the Victorian Junior XC Ski Team, invited an international skier/coach to take on a junior coaching role for the winter, providing funding for the airfare and billeting in Mt Beauty.

JUNIOR BIRKE SQUAD

This group of about 8-10 skiers met most weekends for some race technique and training. Thank you to all the club members who helped with this group over the 2013 season. Most of these juniors raced regularly in the Snowgum mini series (4 events) which provided them with a some experience of xc ski racing and the chance to earn participation badges.

JUNIOR JOEY

There were 3 scheduled Junior Joey sessions for the season.

The first was a fun games/skills session in the bowl. Thank you to Jim Gargan and Bob Flower for helping set up the fun hoop slalom courses and for Acacia Benne Keeble and Jarrah Forrer for taking a group of juniors each. This event was attended by 30 joeys.

The second session involved a 'snowgaine' with the Joeys visiting checkpoints around the trail system with the Joeys covering quite a few kilometres in pursuit of the hidden lolly cache.

The third event was a family fun day following the final Snowgum mini series. All events were well attended and received.

A big thank you to all the parents who not only got the Joeys to the Nordic bowl but helped supervise and run the activities.

Also, to Marg Trnka for organising the wonderful Birkebeiner Junior vests.

The plan for the 2014 season is to follow a similar format for the junior skiers.

Victor Gustaffson, our young Swedish guest coach, arrived at the end of June. From our perspective, there were plenty of positives and benefits that flowed from the BNSC's support for bringing Victor to Australia to provide coaching support. This included

- Victor as a great role model – his attitude and focus during races excellent
- Great to have a consistent club coach each week. Positive feedback came from everyone.
- Weekly coaching sessions for Mt Beauty SC and Mt Beauty PS XC ski programs were provided
- His ability and willingness to fit in, make friends and quietly share his knowledge
- Victor's FIS points contributed to good penalty for local athletes heading OS this summer
- Cultural diversity and glamour!

Provision of instruction for adult club coaching.

For 2014, BNSC will again host a young International coach from Sun Valley Idaho USA. Tom Smith is well qualified, and is looking forward to his experience Down Under and contributing to the club.

PERISHER – AUSTRALIAN CHAMPIONSHIPS

12 Junior club members attended along with parents. Several podium winners including Anna Trnka who has come through the junior ranks and is in her last year as a junior, is the no 1 Female Junior (and senior ranked), Casey Wright, Ash Spittle, Abe Wright, Hugh Pollard, Emma Pollard, Nick Blackwell, Jarrah Forrer also had excellent results.

U23's were well represented with Alisdair Tutt, Nick Montgomery and Phillip Bellingham.

Anna, Casey, Alisdair, Nick, and Phillip all represented Australia at the World Junior and U23 Championships in Val de Fiemme Italy in January 2014. Congratulations to each of these skiers – Birkie Ski Club is proud of you!

VICTORIAN JUNIOR XC SKI TEAM

This year, locals included Nick Blackwell and Jarrah Forrer, and Marvin Smith and Tegan Atherston in the newly piloted Development Team.

2014 AUSTRALIAN JUNIOR CHAMPIONSHIPS format change

BNSC supported a campaign over the last few years to re introduce a stand alone junior championship event. Reasons are outlined elsewhere, suffice to say that as of 2014 winter, the Australian Junior Championships will be held at Perisher and will alternate annually with Victoria. BNSC welcomes this change adopted by SSAXC, and the Junior committee is pleased that juniors will no longer line up against seniors in the sprints or have to ski FIS homologated courses.

Thankyou to BNSC committee, parents and the 'ski community' for assistance and efforts to ensure our juniors enjoy their skiing and have an opportunity to develop as XC skiers.

Ronice Goebel & Michelle Forrer
May 2014

Snowmobile Report

The Snowmobile has been serviced and is ready to go for the ski season. The fuel gauge has been fixed. Last winter an extra radiator was fitted which has fixed the overheating problem.

Ian Franzke

BNSC Search and Rescue

It has been a quiet year for S&R.

Last winter, Bob Flower and myself went on a search on the Razorback. With some other BSAR members from Albury and Gippsland we helped the Police S&R to find a father and son who were delayed by very heavy snow conditions. We successfully found them and helped them back to safety.

Mt. Beauty Police asked for our help twice but on both occasions, the person was found before we got into the field.

Thanks to Marty Eriksson for taking over while I am away.

Ian Franzke

2014 Race Committee Report

In 2013 the club successfully ran the following events:

The Birkebeiner Classic on Saturday the 6th of July was cancelled for lack of snow, the Australian Sprint Champ's (F) on the 27th of July, the Australian Open/Jnr 2.5/5/10 (C) on the 28th of July, the Rocky Valley Rush on the 18th of August and the Hoppet on the 24th of August. Bill Little.

2014 AGM Membership Report

There are 404 members who are part of 115 family memberships (404 members in the 115 families), 58 senior memberships, 29 junior memberships, 7 life members, 2 associate members and 7 S&R memberships. There are 56 unfinancial members. The breakdown of the family memberships is not easy to obtain. Reminder notices from Active network should go out 1 week before 1/6/2014.

Bill Little

Birkebeiner Nordic Ski Club Inc.
Annual Financial Summary
For the year ending 30th April 2014

1. Overview of year

1. **Net Worth of the Club** — **\$81,907.63** after a Profit/Surplus for the year of \$5,184.77
2. **Total Income** — Actual: \$23,045.47 (2012/13 — \$27,564.30).
3. **Total Expenses** — Actual: \$17,860.70 (2012/13 — \$24,981.08).
4. **Profit/Surplus** for the year was **\$5,184.77** (2012/13 — \$2,583.22). This was after the Club paid out \$4,000.00 for athlete grants, \$1,335.00 for an overseas coach and brought \$3,155.56 depreciation of fixed assets to account.
5. **Memberships** — Actual:— \$5,857.18 (2012/13 — \$6,671.09). The Club uses The *Active NetWork* organisation to administer our Online Membership payments. Hoppet uses them also. **Note:** *There will be a motion at the AGM to increase fees i.e. Family \$75.00 (up \$9.00), Individual \$35.00 (up \$5.00), Junior \$25.00 (up \$5.00) an Associate \$25.00 (up 5.00). Fees have not increased in over 10 years.*
6. **Cheque Account** balance **\$10,824.56** — *Investment Account* totals **\$42,683.03**. Interest received for the 12 months on this investment was \$1,567.63. Total Cash at Bank = **\$53,507.59** — (2012/13 \$48,047.72).
7. **Depreciation Expense** of **\$3,155.56** was brought to account at year end. This was calculated as 10% of the written down value of our Fixed Assets. It's brought to account to better reflect the Net Worth of the Club.
9. **Hoppet Management Fee** — **\$6,910.00**— (2012/13 \$7,794.00)
10. **Races conducted** — Rocky Valley Rush and two National Championship races were organised. Income from races was \$4,621.52 and expenses were \$1,877.18 leaving a profit of \$2,744.34. Skidoo costs were \$1,054.09 and hire income was \$100.00.
11. **Junior Development Camp** — Cancelled (no snow).
12. **Junior Vests**

In May 2013 we were told we were successful with another *Uniform Grant* of \$1,000 and this was again used for Vests but opened to adults and juniors.

Also in May we heard that we were successful in gaining *Two Junior Vic Talent Grants* of \$500.00 each.

2. New capital purchases

1. In May 2013 the club purchased a child's Chariot (Pulk) plus two ski kits For \$1,668.00. It is housed in the Clubhouse.
2. Additions to the Clubhouse included Blinds which were installed in May '13 and some new carpet for the kids area in March '14.

Note: Clubhouse — The Clubhouse lease expires in 2016. We will be up for some major costs to comply with a new lease. The committee have decided that this work will be done in late 2014.

Paul L'Huillier
Treasurer
(18 May 2014)



Pre Season Casserole Dinner Saturday 14th June 2014

Casserole Pre-Season Dinner – Sat 14th June

When: 6.00 pm Saturday 14th June 2014

Where: Bogong Outdoor Education Centre, Bogong Village.

RSVP: By Wednesday 11th June to Kerry Lucas (Social Secretary)

Email: km.lucas@bigpond.com Tel: 5754 1341, Mob: 0407 814 114

Parking — It would be best to drop off food and passengers then park down at Bogong Jack's Cafe.

Food — Bring food to share (singles - a casserole or dessert, families - casserole and dessert), plus your own drinks and glasses. There are plastic beakers for kids' drinks. Plates and utensils are provided.

Children- Main course dinner for the children will be served first at 6.30 and then be supervised by some of the older children.

What's on?

Guest Speaker: Adventurer Tim Cope sharing his experiences of “*The Trail of Genghis Khan*” Inspired by a desire to understand the nomadic way of life, embarked on a remarkable journey: 6,000 miles on horseback across the Eurasian steppe from Mongolia, through Kazakhstan, Russia, and the Ukraine, to Hungary retracing the trail of Genghis Khan.

Second hand equipment sale (bring it along, someone may buy it. Label it with your name and the asking price).

DVDs and other activities for the kids.

Lots of talk, It's a great night to meet members & get fired up for the coming season.

The Ian Ryan Club Award will be presented.

New & old members most welcome.

Membership Renewal

Membership fees have been increased and are as listed elsewhere in this bulletin. Member ships are due on the 1/6/2014. You should get reminder emails soon. The web site that the membership is run from is not very friendly towards phones. I don't know about tablets, but to be sure it is best to use a computer to renew you membership.

Go to the club website, or the link in your reminder email, and hover over the membership tab, click on on-line membership and click on the link to log on. You should then see the first screen:

Birkebeiner Nordic Ski Club
Phone: 0357544174, Email: blittle@netspace.net.au [Email Us](#)
[View, Change, or Renew Your Existing Membership](#)

Start Your Membership

* Email Address:

* Please select membership type:

- ☐ Family - \$66.00
- ☐ Senior - \$33.00
- ☐ Junior - \$20.00 [Details](#)
- ☐ Associate - \$20.00
- ☐ Search & Rescue

You can also register a group. [Learn More](#)
[This membership calculates a special Family Rate](#)

Do not enter an email address on the first screen because you will create a new membership. **Click on** “View, Change, or Renew your Membership”, this should lead to the next screen. Here enter your email address and password. If you have forgotten your password click on “Forgotten your Password” and it will be emailed to you. You should then see the third screen, where you can click on “Renew Your Membership”.

Birkebeiner Nordic Ski Club [\(View Details\)](#)

Sign In

* Email Address:

* Password: [Forgotten Your Password?](#)

[Start a New Membership](#)

If you see the fourth screen rather than the third, there are two possibilities. Either you are trying to renew a life membership, no need to, or you have logged on as a member of group and not as the primary member of the group. This can happen if you use the same email address for more than one group member. The easiest way around this is to fire an email off to me and I will edit the email addresses so that that you will log on as

Birkebeiner Nordic Ski Club [\(View Details\)](#)

Gael Little's Group - 4 attendees

- [View, Print, or Email Membership Record and Receipt](#)
- [Cancel Entire Group](#)
- [Renew Your Membership](#)

Member	Member ID	Type	Renewal Date	Edit	Actions
1. Gael Little Primary Member		Family	01/06/2012	Personal Information Membership Fees	
2. William Little	49095189	Senior		Personal Information Membership Fees	Cancel
3. Hannah Little		Family		Personal Information Membership Fees	Cancel
4. Darcy Little		Family		Personal Information Membership Fees	Cancel

[Add Another Person](#)

the primary member of the group and all should be sweet. If you have any troubles fire off an email and I will get it sorted. If you have changed your email address since joining, fire an email off to me and I will change it in the data base so you can log in with the new email address.

Of course the screens you see will have your names rather than the names of my family. If you have your renewal set to automatic you **do not** need to do anything. Trying to manually renew will only cause problems. When you are renewing it may look like a family membership is

being charged \$75 for every member. When you get to the final approval page it will have dropped back to \$75. If you have set your renewal to automatic, you DO NOT need to do anything. There have been more

Birkebeiner Nordic Ski Club [\(View Details\)](#)

William Little

- [View, Print, or Email Membership Record and Receipt](#)
- [Update Only Personal Information](#)

problems than usual this year and I am working to resolve all of them.



Nick Wright, Geza Kovacs, Paul Kovacs, Bob Flower and Brian Keeble

This photo on the left was taken on the weekend of the 17th of May 2014. The others were taken at an unofficial working bee in November 2013. Thanks to Paul L'Huillier for the photographs.



Brian Keeble and Rick Spiller



Keebs, man of many talents.



Making an exhibition of ourselves

The travelling Bicentennial Exhibition was launched at Wodonga on New Year's Day and, as our picture shows, the SEC played its part by contributing to one of the local displays.

The display was a co-operative venture between the Shire of Bright and local organisations and promoted the history and points of interest in the area. The Shire provided the cattlemen's hut to house the display and exhibits were donated by local businesses and the various authorities.

Seen here taking their turn to man the display are (left) Bill Sutton and Naza Serritelli, both from Hydro Division at Mt Beauty. Bill reported that they handed out 1500 showbags during the exhibition.



The Origin of the 'Nordic Bowl Race Hut' - Stage 1-1988

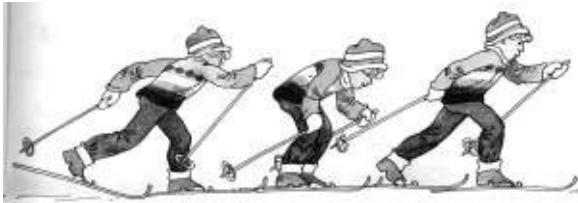
New look inside the race hut.

The Origins of the Race Hut



Photos taken after Birkie clubhouse working bee at Ropers Lookout (Courtesy Bron Gray)

2014 XC ski program for kids from Kindergarten to Grade 6



The program was the inspiration of Jim Gargan who in 2004 with the help of other club members ran novelty races, games and skill activities for young children in the Nordic bowl.

The aim of the **Junior Joey program** is to provide young children with a positive cross country experience where participation and fun are the main elements. The Junior Joey program commences at the start of Term 2 with pre season activities which include roller skiing and blading, bike riding, rogaining, fun run and hikes.

Again junior races will be held throughout the season called the '**Snow, Trek & Travel Mini Series**' at **Falls Creek** starting in the Nordic Bowl. These comprise low key races over distances of 0.5, 1.5 & 2.5km using both the classical (C) and skating (F) styles. These are ideal introductory races for Junior Joeys and Junior Birkies.



The **2014** dates are:

Sunday 29th June — Snow, Trek & Travel Mini Series #1 (C) – 11am

Sunday 13th July — **Junior Joey #1**. Meet at the Nordic Bowl – 11am

Sunday 27th July — Snow, Trek & Travel Mini Series #2 (F) – 11am

Sunday 3rd August — Snow, Trek & Travel Mini Series #3 (C) – 11am

Sunday 10th August — **Junior Joey #2**. Meet at the CLUBHOUSE at 11am

Saturday 23rd August — Joey Hoppet. Nordic Bowl at 9:50 (7km) (F)

Sunday 31st August — Snow, Trek & Travel Mini Series #4 (F) – 11am followed by **Junior Joey #3** – a family fun day in the Nordic Bowl.

Junior Joey events are run by parents and usually involve such activities as: novelty races, bumps and jumps, fun games and activities, snowgaines and family dress-up days. The juniors then progress on to the Birkebeiner junior program which gives the children an opportunity to improve technique and further develop their personal skiing skills.

Contact – Michelle Forrer **Mob:** 0417 206 672 **Em:** forrer.michelle.l@edumail.vic.gov.au

2014 BNSC INTERNATIONAL COACH PROJECT

INTRODUCING “TOM SMITH”

BNSC committee is pleased to announce that Tom Smith has accepted our invitation to be the Junior Coach for the winter 2014 season. As you will read, Tom brings coaching expertise and is really excited to be travelling down under. Judging by his background, Tom can also ski! He will be at the annual Junior Birkie Camp in the school holidays, working with the junior Birkies on Sundays, providing instruction at Mt Beauty SC and Mt Beauty and Tawonga Primary Schools mid week. He will also be offering some masters clinics to our “senior skiers” and coaching for the Victorian Junior XC Ski Team. The club has provided the majority of funding with some assistance from the Hoppet for Tom’s flight and agreed to arrange billeting in Mt Beauty.

BILLETING requested

Can you assist? We would like to offer 2 week blocks of billeting with local families to enhance a



‘cultural exchange’. We think it will be a great experience for anyone interested given Tom’s great enthusiasm, background and interest in other things. Tom is also a Whitewater raft guide trip leader, stand-up paddle instructor and reservationist for ecotourism business. He has also completed an Internship with international sustainable humanitarian tourism organization implementing sustainable development projects in the Sacred Valley of Peru

Please contact Ronice (0409332642) if you can assist.

“I grew up in the beautiful mountain town of Bend, Oregon in the Pacific Northwest, USA. This is my 2nd year coaching, I was a ski racer and then assistant coach for the University of Utah Ski Team, and am currently the assistant coach for the competition team at the Sun Valley Ski Education Foundation in Sun Valley, Idaho. My

background in ski racing includes; 2007 Skate Sprint Gold Medallist at U.S. Junior National Championships, 6 time All-American as a junior racer, multiple top 20 finishes at NCAA Championships, and twice a member of the 2nd place team at NCAA Championships. I love skiing because it requires you to enjoy and live in the moment, to be incredibly tough and truly endure it all, to give more than yourself and to inspire in others a willingness and drive to strive for their best, and because skiing has give me incredible lifelong friendships and enveloped unforgettable life experiences that have truly shaped me into the person I am today. Outside of skiing I love to get off the beaten path. I love adventuring, traveling and exploring new places, new cultures, and new geography. Some of my favourite past-time's include surfing, white water kayaking, and mountaineering."

CONTACT Ronice if you can offer billeting
0409332642 or ronice.goebel@gmail.com

Mid-Season Dinner

This is advance notice of the mid-season dinner that will be held at Rois on Thursday 24th of July. Look out for details on the website and in the next newsletter.