

# NO HIGH-FLUORO WAXING PROTOCOL: CLUB & STATE LEVEL XC RACES

The Ski & Snowboard Australia Cross Country Committee (SSAXC) in continuing in 2017 with the **No High-Fluoro Wax Protocol** for club and state level competitions that was introduced in 2016.

## MAIN GOALS

- Create a LEVEL PLAYING FIELD and events that demonstrate the skiing ability of participants.
- REDUCE time spent waxing so more focus can be put on preparing for competition.
- REDUCE the cost to athletes, parents and teams to compete in XC Skiing.
- MINIMISE potential health risks from high-fluoro waxing with poor ventilation.

This is a self-governed policy and it is hoped that all athletes, parents and coaches will be fully supportive. Similar waxing protocols exist throughout Canada and the USA and have been successful in keeping costs low and the competition fair. While there may be some concerns and challenges, we believe the vast majority of skiers & families would like this policy implemented. Self-policing, education, and the cooperation of retailers should make this change for the better a real possibility and keep costs low to encourage increased participation in our sport.

Note that this protocol does not extend to Australian Championships or Australian Junior Championships, nor to the Kangaroo Hoppet (incl. Birke/Joey), which is an international event.

## WAXING PROTOCOLS THAT WILL APPLY

- **Only no-fluoro or low-fluoro waxes are to be used for glide waxing (such as Swix LF7, LF8 or LF10), with no high-fluoro waxes or high/pure fluorocarbon coats (liquids, powders, blocks) to be used.**
- **Where possible state team coaches will confer and give a recommendation of LF7, 8 or 10 (or other brand equivalent) to athletes, so that everyone can be on the same wax.**



Athletes and those making entries on behalf of athletes will be asked to acknowledge and agree to the protocol when making their on-line or on-the-day race entries. The protocol is supported by NSW Cross Country, Ski XC Victoria, Snowsports ACT and Ski & Snowboard Australia XC.

